# An Annotated Permaculture Bibliography Cascadia Permaculture Jude Hobbs January 2023 www.cascadiapermaculture.com

# **General Permaculture Books**

Practical Permaculture for Home Landscapes, Your Community, and the Whole Earth. Jessi Bloom and Dave Boehnlein Principles of permaculture, showing the design process, detailed information on the plants, water, waste, energy, shelter, food, animals, and structures. Filled with real-life examples from all over the world. 2015 (Look for my gardens photos within this book!)

Earth User's Guide to Permaculture. Morrow, Rosemary. Simon & Schuster, 2000. An informal introduction to permaculture by an experienced teacher.

The Permaculture Handbook. Peter Bane New Society Publisher 2012. The author's time tested experience yields to this designer's manual for the home gardener and farmer.

The Best of Permaculture: A Collection. Lindegger and Tap, ed. Nascimanere Nambour. First ~10 years of Pc.

The Future is Abundant. Korn, Snyder and Musick, ed. Tilth. A guide to sustainable agriculture; OP, needs to be re-done, the first bioregional Pc handbook.

Gaia's Garden: A Guide to Home-Scale Permaculture. Toby Hemenway. Chelsea Green, 2009. Easy to use and understand tour through the permaculture garden

Introduction to Permaculture. Slay, Reny, and Mollison, Bill. Tagari 91 Tyalgum. The best intro, includes a concise listing of principles.

People and Permaculture Caring and Designg for ourselves, each other and the planet. This book to explores how to use permaculture design and principles for people - to restore personal, social and planetary well-being. Looby Macnamara 2012

The Earth Care Manual: A Permaculture Handbook For Britain & Other Temperate Countries. Patrick Whitefield 04 A study of permaculture specifically for cooler climates. Detailed view of designing sustainable systems for large and small, urban, rural

Living Community. Haggard, Ben. Center for the Study of Community, 4018 Old Santa Fe Trail, Santa Fe NM, 87505. The evolution of a premier Pc site, written by a master designer.

Permaculture: A Designers' Manual (alternate subtitle: A Practical Guide for a Sustainable Future) Mollison, Bill. Island Press Covelo, CA'90. A comprehensive study guide;

The Permaculture Garden. Bell, Graham. Thorson's, 1994. A British-oriented introduction to permaculture gardening techniques.

*The Permaculture Way.* Graham Bell. Thorsons, London 1992. Simple explanation of permaculture in action. Good examples.

*Travels In Dreams.* Bill Mollison. Tagari '96. Engaging memoir with stories, stories, stories by the man behind the Pc movement.

Permaculture: Principles and Pathways Beyond Sustainability. David Holgren, Chelsea Green, 2002. A powerful re-organization and explanation of the principles of Pc. by its co-founder.

The Permaculture City: Regenerative Design for Urban, Suburban and Town Resilience. Toby Hemenway 2015 Practical examples for creating abundant food, energy security, close-knit communities, local and meaningful livelihoods

The Ultimate Guide to Permaculture: A common sense how-to approach to sustainable living. Nicole Faires 2012

The Bio-Integrated Farm: A Revolutionary Permaculture-Based System Using Greenhouses, Ponds, Compost Piles, Aquaponics, Chickens, and More. Shawn & Stephanie Jadrnicek 2016

Focus on: spending less time maintaining your homestead, increase productivity, decrease dependency on outside resources, extend your growing season

The Western (Aust) Permaculture Manual. Brown, David, ed. Cornucopia, Subiaco, West Australia '89. From philosophy to nitty-gritty region specific, untidy early Pc from the trenches,

The Resilient Farm and Homestead: An Innovative Permaculture and Whole Systems Design Approach. Ben Falk 2013 A manual for developing durable, beautiful, and highly functional human habitat systems fit to handle an age of rapid transition.

Permaculture for the Rest of Us: Abundant Living on Less than an Acre. Jenni Blackmore 2015 An entertaining, personal account of how permaculture can be practiced in adverse conditions, allowing anyone to learn to live more sustainably in a less-than-perfect world.

The Good Life: Helen and Scott Nearing

Gaviotas: A Village to Reinvent the World Alan Weisman Paolo Lugari co-builds a village based on science in Columbia 1995

Solviva: How to Grow #500,000 on one Acre and Peace on Earth. Trailblazer Press 1998 One woman's journey toward Sustainability

## **Ecology and Whole Systems**

At Home in the Universe. Oxford, 1995. Kauffman shows how life inevitably will emerge when there is sufficient complexity.

*Ecological Design.* Van der Ryn, Sim, and Stuart Cowan. Island, 1996. The essential concepts of ecological design.

The Eternal Frontier: An Ecological History of North America and Its Peoples. Flannery, Tim. Atlantic Monthly Press, 2001. After writing *The Future Eaters*, an ecological history of Australia, Flannery was asked to write this book. Crucial reading is you want to know where we stand in the longer scale here.

Fundamentals of Ecology. Odum, Eugene P. W. B. Saunders, 1971. An early textbook on the basics of ecology, in depth.

A Hierarchical View of Ecosystems. O'Neill, R. V. Princeton, 1986. An advanced look at how ecosystems function.

Holistic Resource Management. Savory, Alan. Island, '88. The central work of a school of sustainability developed in parallel with permaculture. Good biblio which includes personal growth.

Noah's Garden: Restoring the Ecology of Our Own Back Yards. Stein, Sara. Houghton Mifflin, 1995. A well-written and compelling plea for allowing nature back into our yards, full of natural history.

The Origins of Order. Kauffman, Stuart. Oxford, 1994. A dense and scholarly treatment of the ideas expressed in At Home in the Universe.

*Out of Control* .Kelly, Kevin. Addison Wesley, 1994. How our new understanding of biology is transforming both ecology and economics.

The Web of Life. Capra, Fritjof. Doubleday, 1996. An engaging account of how the new sciences of complexity and self-organization are affecting our understanding of living systems.

# **State of The World**

'Action is the Antidote to Despair': Edward Abbey

State of the World Reports | Worldwatch Institute, Island Press The series attempts to identify the planet's most significant environmental challenges. Published annually on a specific topic.

Hope, Human and Wild: True stories of living lightly on the earth Bill McKibben. Milkweed Editions 2007. This optimistic book focuses on inventive solutions supporting sustainability from around the world

The Waking Up Syndrome by Sarah Anne Edwards and Linda Buzzell (article)

Is Earth past the tipping point? http://www.youtube.com/watch?v=QkkKZgKmdP4

When Technology Fails A Manual for self-reliance and Planetary Survival Matthew Stein Clear Light Press

Earth Democracy. Vandana Shiva. "The False Tragedy of the Commons" and "Myths About and Reasons for Overpopulation." 2005.

Earth emotions: new words for a new world Glenn albrecht 2015 we need this creation of a hopeful vocabulary of positive emotions to extract ourselves out of environmental desolation and reignite our millennia-old biophilia--love of life--for our home planet. Cornell press

## **Patterns**

*By Nature's Design*. Neill, William, and Pat Murphy. Chronicle, 1993. Stunning photographs and clear explanations of nature's patterns.

The Fractal Geometry of Nature. Mandelbrot, Benoit. W.H. Freeman & Co, 1983. Key insights into natural patterns by the developer of the fractal concept.

*Metapatterns.* Volk, Tyler. Columbia, '95. Very compatible with Mollison's pattern writings.

On Growth and Form. Thompson, D'arcy Wentworth. Dover, 1992. A magisterial text on how the shapes and patterns in nature are formed; a classic in the field.

A Pattern Language. Alexander, Christopher. Oxford NY '77 Design for human building and settlements using patterns derived from successful designs.

*Patterns in Nature.* Stevens, Peter S. Little, Brown & Co., 1974. A review of the common classes of patterns found in nature.

Patterns That Connect: Social Symbolism in Ancient and Tribal Art, Schuster, Carl and Carpenter, Edmund, Abrams, NY, 1996. A synopsis of Carl Schuster's life work, this book demonstrates a continuity of pattern from the oldest art known to recent tribal art and proposes that a common theme is genealogy and relationship. If culture is a major yet under developed part of permaculture, here is a link between pattern understanding and other better-known aspects of culture.

# **Design Process**

Permaculture Design: A step-by-step guide. Aranya, 2012 Permanent Publications Design Process beginning to end.

*Design with Nature.* McHarg, lan. Wiley, 1992. Innovative techniques for appropriate landscape design using map overlays.

Landscape Graphics. Reid, Grant W. Whitney Library of Design, 1987. Excellent introduction to professional landscape drawing.

The Climate Near the Ground Rudolf Geiger 2009 Classic text provides a clear and vivid description of the surface microclimate, its physical basis, and its interactions with the biosphere. 7<sup>th</sup> Edition

## **Systems Thinking**

Thinking in Systems: A Primer. Donella Meadows 2008 Required reading for anyone hoping to run a successful company, community, or country. Learning how to think in systems is now part of change-agent literacy.

The Theory of Everything Ken Wilber 2001 theories that integrate the realms of body, mind, soul, and spirit. Demonstrates how these theories and models can be applied to real-world problems in areas such as politics, medicine, business, education, and the environment.

The Systems Thinking Playbook: Learning a Systems Thinking Capabilities. Linda Booth Sweeney & Dennis Meadows A favorite of K–12 teachers, university faculty, and corporate consultants. It provides short 30 game exercises that illustrate the subtleties of systems thinking. 2010

# **Reading Landscape**

How to Read The Landscape. Patrick Whitefield Explains details, from the signs that wild animals leave, the meaning behind the shapes of different trees, to how whole landscapes, including woodland, grassland, and moorland, fit together and function as a whole 2014

1491: New Revelations of the Americas Before Columbus. Mann, Charles. Granata, 2006.

Landscape Ecology, Richard T. Forman and Michael Gordon

Changes in the Land. Cronon, William. Hill and Wang (Mcgraw-Hill) NY,'89 (Toronto) Indians, colonists, and the ecology of New England, a foundation work on the managed ecology of pre-Columbian N. America

The History of The Countryside. Rackham, Oliver. Weidenfeld and Nicolson, '95. About Britain; full of info about traditional land use.

What are People For? Berry, Wendell. Poet Berry is concerned equally with culture and agriculture.

The Spell of the Sensuous: Perception and Language in a Morethan-Human World. Abram, David. Pantheon, '96 Catch this magician live if you can; good stuff for improving your observation skills.

Trust in the Land: New Directions In Tribal Conservation Beth Rose Middleton Manning Beth addresses native land conservancies, providing advice on land trusts, collaborations, and conservation groups. 2011

# Water, Ponds, Catchment, and Aquaculture

*The Challenge of Landscape*. P.A. Yeomans repro from F. Espriella, P.O. Box 206, Guinda, CA 95637. The development and practice of Keyline.

Fresh Water. E.C. Pielou University of Chicago 1998 Guided tour of fresh water on its course through the natural world. Understand the close connection between water and all forms of life.

*Living Water*. Olaf Alexandersson. Viktor Schauberger's theories on water. Can be a bit 'out there' for some but an interesting read.

*Sensitive Chaos.* Theodore Schwenk. Combines the scientific and the esoteric for an excellent approach to how water interacts with life.

The Water Atlas Robin Clarke and Jannet King Excellent book on the basics of water

Design and Construction of Small Earth Dams. Nelson, K.D. Inkata Melbourne. Best book on the subject.

Earth Ponds. Matson, Tim. Countryman. Very available, and there is also a workbook. Misses much that you'll find in McClarney, Yeomans and Nelson, but will help you avoid many mistakes.

Farming in Ponds and Dams. Romanowski, Nick. Lothian, '94. Real aquaculture stuff from an opinionated pro. Australian but current and useful nonetheless.

The Freshwater Aquaculture Book. McClarney, William. Hartley & Marks, '84 Extensive!

Getting Food from Water: A Guide to Backyard Aquaculture. Gene Logsdon 1978 A good lay-persons guide. One of the best illustrated books on the subject.

*Rainwater Harvesting*. Pacey, Arnold, and Adrian Cullis. Intermediate Technology, 1996. Many techniques for using rainwater.

Rainwater Harvesting for Drylands, Vol 1 & 2: Brad Lancaster 2007 Excellent resources for Harvesting water in any environments

Water: A Primer. Leopold, Luna. Freeman, '74. Intro to hydrology for designers working with streams and dams.

Water For Every Farm. P. A and Ken Yeomans. A revised guide to using the keyline system.

Rain Gardens: Managing Water Sustainably in the Garden and Designed Landscape. Dunnett, Nigel and Andy Clayden. Portland, OR:

Timber Press, 2007. More code-approved designs and techniques for situations.

## Soil

Soil Primer: NRCS PA-1637 Easy to understand soil basics Order: www.landcare@swcs.org

Teaming with Microbes: A Gardener's Guide to the Soil Food Web. Lowenfels, Jeff and Wayne Lewis, with foreword by Elaine Ingham. Portland, OR: Timber Press, 2006. A popular introduction to the soil food web.

Compost Tea Brewing Manual. Ingham, Elaine. The Albrecht Papers. Albrecht, William A. Acres USA, 1996. Somewhat quirky collection of papers by a soil scientist with vision.

*Dirt: the Ecstatic Skin of the Earth.* William Bryant Logan (Riverhead, 1995). A literate excursion into the life of the soil and of those who work it.

Earthworms for Ecology and Profit. Gaddie, Ronald, and Donald Douglas. Bookworm, 1977. One of the best books on worm composting and worm beds.

Feed the Soil. Edwin McLeod. Organic Ag. Research Institute 1982. Resource to understand how natural ag. works and putting it into practice. Focus on green manure crops and nitrogen fixers.

*The Gardener's Guide to Better Soil.* Logsden, Gene. Rodale, Emmaus, PA 1976. Soil fertility, composting, soil science.

The Nature and Properties of Soils. Brady, Nyle C. Prentice-Hall, 1996. This major textbook on soils covers the whole subject in depth.

Soil and Health: An Agricultural Testament. Howard, Sir Albert. Rodale, Emmaus, PA 1976. Written in the 1930s; 25 years of research by the man who coined the term "organic agriculture"

Soil Management. Dalzell, H.W., FAO, Rome, '87. "Compost production and use in tropical and subtropical environments" My favorite compost book because it covers production ag systems in places w/o machinery, very applicable to those of us working small-scale in the US.

*Start with the Soil.* Gershuny, Grace. Rodale, 1993. A superb handbook on the how and why of creating great soil.

The Soul of the Soil: A Guide to Ecological Soil Management. Grace Gershuny and J. Smillie 1986.

Worms Eat My Garbage: Mary Appelhof 1982

# **Greywater and Waste Management**

The Composting Toilet System Book. Del Porto, David and Steinfeld, Carol, CEPP, '99. Excellent reference on the subject by leaders in the field.

*Create an Oasis With Greywater*. Ludwig, Art. 5 San Marcos Trout Club Rd., Santa Barbara CA 93105 (805)967-3222. Art is a permaculturist who has developed household cleansers for greywater systems.

Winter 2017

The Toilet Papers. Sim Van der Ryn. 1978. Capra Press, Santa Barbara. Excellent book on composting human manure

# **Gardening, Farming, and Plant Guides**

Botany In A Day Thomas J. Elpel's 2000 Highest recommendation for anyone beginner or expert interested in plants.

The Gardener's A-Z Guide to Growing Organic Food Tanya Denckla 2003. Excellent all around Garden Book

Culture And Horticulture: A Philosophy Of Gardening Wolf Storl's 1979: A comprehensive Biodynamic Garden Book

Keepers of Life: Discovering plants through Native American stories and earth activities for chidren. Through 19 Native American stories and various activities, we learn the invaluable lesson that all living things are intertwined. Michael Caduto & Joseph Bruchac 1997

Edible Forest Gardens: Ecological Vision and Theory for Temperate Climate Permaculture. Volume I: Vision & Theory. Jacke, David, with Eric Toensmeier. Chelsea Green, 2005

Perennial Vegetables: From Artichokes to Zuiki Taro, A Garndener's Guide to Over 100 Delicious Edibles. Eric Toensmeier & Elayne Sears. Chelsea Green, 2007

Restoration Agriculture Mark Shepard, Explains how we can have all of the benefits of natural, perennial ecosystems and create agricultural systems that imitate nature in form and function while providing for our food, building, fuel and other needs - in your own backyard, farm or ranch. 2013.

The Carbon Farming Solution: A Global Toolkit of Perennial Crops and Regenerative Practices for Climate Mitigation and Food Security Eric Toensmeier & Dr, Hans Herren2016

Farming While Black: Soul Fire's Practical Guide to Liberation on the Land by Leah Penniman She is a black Kreyol farmer for 20 years and an anti-racist food. She is a founder of **Soul Fire** Farm in New York, which supplies low-cost healthy food in food desert environments. Chelsea Green 2018

Sepp Holzer's Permaculture: A Practical Guide to Small-Scale, Integrative Farming and Gardening. Sepp Holzer & Anna Sapsford-Francis 2011 By his examples, he describes how to create, and make a living from, a holistic farm system

American Horticultural Society Encyclopedia of Garden Plants. Brickell, Christopher. MacMillan, 1990. An illustrated guide to most common plants, with thousands of photos.

Roots Demystified: Changing Your Gardening Habits to Help Roots Thrive. Kourik, Robert. White River Junction, VT: Chelsea Green, 2007. Lots of diagrams and information to aid in understanding roots.

Bamboo in the U.S. R.A. Young. USDA Handbook #193 (OP) Wash. DC 1961. Description, culture and utilization, a foundation book.

The Beautiful Food Garden Encyclopedia of Attractive Food Plants. Gessert, Kate Rogers. Van Nostrand Reinhold, 1983. How to landscape with good-looking vegetables.

The Book of Bamboo. Farrelly, David. Sierra Club, 1984. A thoughtful and thorough investigation into the culture, varieties, and uses of bamboo.

The Craft and Art of Bamboo, Carol Stangler Sterling Publishing 2001. 30 Elegant projects to make for home and garden.

*Buffalo Bird Woman's Garden*. Wilson, Gilbert Minnesota Hist.Soc. St. Paul'87. Traditional Hidatsa agricultural methods; a look at the first farmers of N.Am.

Colour Schemes for the Flower Garden. Jekyll, Gertrude. Ayer, 1983. One of several classic books by Jekyll on garden design.

The Complete Book of Edible Landscaping. Creasy, Rosalind. Sierra Club, 1982. The foundation book that brought vegetables into the front yard.

Complete Book of Herbs and Spices. Sarah Garland. 1979. A Studio Book. Viking Press N.Y. A definitive guide to herbs and spices with great illustrations, stories, and recipes

Common Weeds of the United States. United States Department of Agriculture. Dover, 1971. A good technical guide to 224 species of weeds, with clear drawings. Organized by plant family, so it requires a little botanical knowledge.

Cornucopia II: A Source Book of Edible Plants. Facciola, Stephen. Kampong, 1998. Comprehensive list & description of edible flora.

Designing and Maintaining Your Edible Landscape Naturally. Kourik, Robert. Metamorphic Press.

Farmers of Forty Centuries. King, F.H. Rodale Emmaus, PA. Traditional Chinese agriculture by an early agro-tourist.

Ferment and Human Nutrition. Bill Mollison Tagari Publications, Tyalgum, Australia, 1993.

Fertility Pastures. Turner, Newman. Bargyla Rateaver. Pauma Valley CA, '74. polyculture pastures for restoring soil.

The Food Lover's Garden. Pellegrini, Angelo. Knopf N.Y. '70. A much-loved English professor from Seattle, born an Italian peasant. He understood microclimate well.

Four-Season Harvest. Coleman, Eliot. Chelsea Green, 1999. How to extend the growing season to the whole year, even in northern climates.

Fruit, Berry and Nut Inventory. Whealy, Kent, ed. Seed savers Exchange, RR3, Box 239 Decorah, Iowa 52101. a listing of all varieties available by mail in the US

The Ghosts Of Evolution: Nonsensical Fruit, Missing Partners, And Other Ecological Anachronisms. Connie Barlow. How surviving plants are clues to vanished ecological relationships. For designing systems for humans and animals.

*The Grafter's Handbook*. Robert Garner 1979. One of the best books on grafting; a classic.

Greening the Garden. Jason, Dan New Society, '91 A gardening book by the owner of Saltspring Seeds. A good emphasis on grains and legumes for the W. Coast Maritime climate.

Herbs of the Pacific Northwest. Ross H Penhallen. OSU Extension Bulletin #LC406. 65 page comprehensive guide to growing herbs.

High-Yield Gardening. Hunt, Marjorie. Rodale, 1986. A superb guide to extending the growing season, high-density planting, and getting more from the garden.

The Apartment Farmer

How to Grow More Vegetables Than You Ever Thought Possible on Less Land Than You Can Imagine. Jeavons, John. Ten Speed, 1991. Bio-intensive (and labor-intensive) techniques that boost production; useful but the claimed yields are hard to match.

Lost Crops of the Incas. National Academy Press Wash. DC '89. Little-known plants of the Andes with promise for worldwide cultivation.

Uncommon Fruits for Every Garden, Lee Reich

Master Gardener's Handbook. Oregon State Extension Service 1993 EM 8442. Basic book that covers many aspects of gardening, plant care and botany.

The Mulch Book: A Complete Guide for Gardeners. Campbell, Stu, and Donna Moore. Storey Books, 1991. Good intro to mulching.

*The Natural Habitat Garden.* Druse, Ken. Potter, 1994. How to create prairie, meadow, woodland, and wetland gardens using native plants.

The Natural Way of Farming. Masanobu Fukuoka. Rodale Press. Fukuoka-san's insights into applying nature's knowledge to agriculture. A classic, hard to find.

North American Fruit Explorers Handbook. (NAFEX)

The One-Straw Revolution. Fukuoka, Masanobu. Rodale. Hard to find, but a crucial foundation text for Pc.

The Orchard Almanac. Steve Page and Joe Smillie. A seasonal guide to healthy fruit trees. Excellent reference on planting, pruning, fertilization, organic control of pests, restoring old fruit trees, IPM, resistant varieties, harvest and storage.

*Organic Gardener's Edible Plants.* Creasy, Rosalind. Van Patten, 1993. Descriptions of over 130 edible ornamental plants.

*Organic Plant Protection*. Rodale Press,1976. A how-to guide to organic gardening. Readily found in used bookstores

Organic Tree Fruit Management . Linda Evans. Text book quality.

Plants for a Future: Edible and Useful Plants for a Healthier World. Fern, Ken. Permanent Publications, 1997. Distributed in the United States by Chelsea Green Publishing. A British book covering a wide range of multifunctional plants.

*Pruning and Training.* Brickell & Joyce, DK, '96 From the Am. Hort. Society. The current best, "fully illustrated plant-by-plant manual."

The Ruth Stout No-Work Garden Book. Stout, Ruth Rodale also, How to Have a Green Thumb Without an Aching Back. OP foundation texts of Pc gardening, deep mulching.

On Guerrilla Gardening: A Handbook for Gardening Without Boundaries. Reynolds, Richard. London: Bloomsbury, 2008. A humorous and stylish guide to guerilla gardening.

The Scythe Book. Tressemer, David. By Hand and Foot, Ltd. Available now only from the Marug Co., Tracy City, TN; how to use and maintain a scythe.

Sea Weed Vegetables: Harvesting Guide and Cookbook. Evelyn Mc Connaughey. A guide to foraging and preparing of free nutritious sea vegetables.

The Self-Sufficient Gardener. John Seymour. Dolphin Book,s, Doubleday and Company, Garden City, N.Y. 1980. One of my

favorite general garden books. Excellent colored line drawings. Soil care, propagation, controlling insects and diseases, harvesting and storage, etc.

Small Scale Grain Raising. Logsdon, Gene. Rodale '77. Emmaus, PA. Well-written small-farm info. His latest is *The Contrary Farmer* 

Square Foot Gardening Mel Bartholomew Rodale Press '81. Lay-out, planting, maintaining intensive gardens

Stalking the Wild Asparagus. Gibbons, Euell McKay N.Y. '71. All his books are useful; Euell was managing his local wild ecologies long ago.

Wild Harvest: Domico

Subsistence Agriculture Improvement. Goeltenboth, Friedhelm, ed. Margraf, Weikersheim, '90. "A manual for the humid Tropics", it has an aid worker's viewpoint, and thereby applicable to other climates as well.

Successful Small-Scale Farming: an organic approach. by Karl Schwenke, Storey, '91. Good for some of the best of traditional and more modern field techniques, incl. using old equipment and good directions on contour terracing. Lots of illustrations.

Underexploited Tropical Plants with Promising Economic Value.

National Academy of Sciences Wash. DC '75.

Weeds and What They Tell. Pfeiffer, Ehrenfried. Bio-Dynamic Farming & Garden Association, 1981. How to use weeds to assess the type and fertility of the local soil.

Weeds: Guardians of the Soil. Cocannouer, Joseph. Devin-Adair, 1950. Describes the role of weeds useful crops and as indicators of fertility, with much historical lore.

Western Fruit, Berries and Nuts. Lance Walheim & Robert Stebbins.

Toward A Biologically Resilient Agriculture: H. MacCormack

Winter Gardening in the Maritime Northwest. Binda Colebrook. A guide to growing vegetables between October and May. Site selection, variety choices, when to plant and harvest. Explanation of common winter crop pests and diseases. Excellent resource!

The Book of Trees: Visualizing Branches of Knowledge Manual Lima Explores 800 years of Tree diagrams. Fantastic patterns

Fields of Farmers: Interning, Mentoring, Partnering, Germinating Joel Salatin, 2013.

# <u>Seeds</u>

Breed Your Own Vegetable Varieties. Deppe, Carol. Little, Brown, '93. Good plant breeding book. How to stabilize patented hybrids and similar tricks.

The Seed Keepers. Vandana Shiva 1995

Biopiracy. Vandana Shiva. Biotech and what it is doing to seed savers

The New Seed-Starters Handbook. by Nancy Bubel. 1988. Excellent guide to starting a variety of vegies, fruits, trees, grains, herbs, etc. Also on seed-saving.

*Seed to Seed.* Ashworth, Suzanne. Seed Saver's Exchange, Rt. 3 Box 239 Decorah, Iowa 52101. Seed saving techniques for the vegetable grower.

*Return To Resistance*. Raoul Robinson. AgAccess. One of the most permaculturally correct books on plant breeding, entrylevel in complexity.

Lost Crop of the Incas: Little Known Plants of the Andes with Promise for Worldwide Cultivation. National Research Council, Science and Technology of International Development 1989.

# Food Preservation

Stocking Up. Carol Hupping Stoner. Rodale Press '77. Food preservation techniques: fruits, vegies, dairy products, meat and fish, nuts seeds and grains. Favorite all-around food prep. Book

Lost Arts; Lynn Alley Recipes, folklore how to cure olives, flavored vinegars, mustards, cheeses and more

Root Cellaring: Natural Cold Storage of Fruits and Vegetables; Mike & Nancy Bubel

The Botany of Desire: A Plant's-Eye View of the World Michael Pollan 2002

The Omnivore's Dilemma: A Natural History of Four Meals Michael Pollan 2006,

# **Gardening to Attract Wildlife**

Coyote's Guide to Connecting with Nature: Jon Young, Ellen Haas, and Evan McGown, exciting ways to connect children (and adults!) with nature. good medicine for nature-deficit disorder 2010

America's Neighborhood Bats. Tuttle, Merlin. An entry level eco-action text.

American Wildlife and Plants A Guide to Wildlife Food Habitats. Alexander Martin, Herbert S. Zim, Arnold Nelson Dover Press 1951. Food and feeding habits of more than 1000 migratory birds and mammals and the relationship to each other; Plants for wildlife food; huge and comprehensive.

A Guide To Bird Homes. Scott Shalaway. PO Box 110 Marietta, Ohio 45750. Rich in descriptions of what birds like what type of nesting and roosting space. Adequate plans for nesting boxes and predator baffles. The basics of who, what, where, when, and how.

How to Attract Birds. McKinley, Ortho Books, 1999. Instructions for attracting specific birds with plants and The National Wildlife Federation's Guide to Gardening for Wildlife. Craig Tufts Craig and Peter Loewer. Rodale, 1995. How to provide garden habitat for birds, insects, and nocturnal animals.

The Hummingbird Garden. Tekulsky, Mathew. Crown, 1986. A guide to cultivating plants that attract these flying jewels; one of the best on the subject.

National Audubon Society Bird Garden. Kress, Stephen M. DK, 1995. Designs and plants for gardens that provide food, water, cover, and nesting sites for birds.

The National Wildlife Federation's Guide to Gardening for Wildlife. Tufts, Craig and Peter Loewer. Rodale, 1995. How to provide garden habitat for birds, insects, and nocturnal animals.

The Wildlife Garden. Seidenberg, Charlotte. University of Mississippi, 1995. An introduction to wildlife habitat gardening with examples of garden designs.

The Wildlife Gardener. Dennis, John V. Knopf, 1985. A good introduction to creating gardens for wildlife habitat.

Landscaping for Wildlife in the Pacific Northwest Russell Link
U. of Washington Press Seattle & London 2002

## **Native Plants (Northwest USA)**

Gardening With Natives of the Pacific Northwest. Arthur Kruckenberg. Good descriptions NW plants, how to propagate and their landscape uses.

Beyond the War on Invasive Species: A Permaculture Approach to Ecosystem Restoration Tao Orion An alternative perspective on invasive species and the best practices for their management based on a holistic, permaculture-inspired framework. 2015

Handbook of Northwestern Plants. Gilkey. Complete book of plants native to the area from the summit of the Cascade Range to the coastline of WA and OR, to the south line of Lane County.

*Plants of the Pacific Northwest Coast.* Pojar and Mackinnon. One of the best books for native plant ID, great color photos.

Plants and Animals of the Pacific Northwest: An illustrated Guide to the Natural History of Western Washington, Oregon, and B.C.. Eugene Kozloff. Good info on our native fauna and flora.

Propagation of Pacific Northwest Native Plants. Robin Rose. Very easy to understand book on propagation. Highly recommended.

Plant Association and Management Guide—Willamette National Forest. Hemstrom, 1987. US Department of Agriculture. Excellent reference for guide of guilds utilized in the Willamette National forest.

Wetland Plants of Oregon and Washington. B. Jennifer Guard. Lone Pine '98. A field guide with photos good glossary and lots of interesting info.

Tending the Wild, Kat Anderson; Native American Knowledge and the Management of California's Natural Resources. 2013

Keeping it Living Traditions of Plant Use and Cultivation on the Northwest Coast of North America Dublas Deur and Nacy Turner 2015

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teaching of Plants by Robin Wall Kimmerer
As an indigenous scientist she examines modern botany and environmentalism through the lens of the traditions and cultures of the indigenous peoples of North America.

## **Hedgerows, Forests, and Tree Crops**

Guide to Multi-Functional Hedgerows in Western Oregon; Jude Hobbs http://cascadiapermaculture.com/pdf/ Guide\_to\_Oregon\_Hedgerows.pdf

Farming With The Wild: Imhoff highlights farmers and ranchers who work to protect the environment and sustain family farmers. 2003

The Farm as A Natural Habitat: Reconnecting Food Systems with Ecosystems: Dana Jackson 2002

*Hedgerows:* Thomas/White Beautifully illustrated book on flora and fauna of hedgerows. 1980 U.K.

Naturescaping: Oregon Dept of Fish & Wildlife: Habitats, Plant lists to encourage insects, and other wildlife. 2001

Landscaping for Wildlife in PNW: Russell Link; Guide to assist in plant and other landscape elements to bring wildlife to your site 2001

Edible and Medicinal Plants of Canada: Lone Pine

Bioengineering for Land Stabilization and Conservation. Hugo Schiechtl U. of Alberta Press Edmonton, '80 The foundation text for using live plants in engineering.

Attracting Native Pollinators: Xerces Society 2011

Farming with Native Beneficial Insects: Ecological Pest Control Solutio6sowing Gourmet and Medicinal Mushrooms. Paul Stamets Edited: Deborah Burns 2014

Firewood Crops. National Academy of Sciences Wash. DC '80. Shrub and tree species for energy production.

The Forest Farmer's Handbook: A Guide to Natural Selection Forestry, Orville Camp. Sky River Press, Ashland, Oregon 1984

Forest Farming. Douglas, J. Sholto, and Robert Hart. Rodale, 1985. A strong argument for growing trees for food and fodder, with descriptions of many species; a basic Pc book.

Forest Gardening: Cultivating an Edible Landscape. Hart, Robert. Chelsea Green, 1996. A personal account of forest garden design by one of the originators of the field.

Forest Primeval. Maser, Chris. The forest of the PNW, by a clearthinking eco-forester.

The Handbook for Fruit Explorers. Fishman, Ram. North American Fruit Explorers, Rt. 1 box 94, Chapin, I1. 62628 (1986) free to new members- OP but may be re done.

Hedging: A Practical Handbook. BTCV British Trust For Conservation Volunteers '88 Wallingford, Oxfordshire. Excellent—tools, species and techniques. Best material on coppice, management and tree planting I have seen in one book.

How to Make a Forest Garden. Whitefield, Patrick. Permanent Publications, 1997. Distributed in the United States by Chelsea Green. Instructions and ideas for forest gardens, with a British focus but usable in North America.

A Natural History of Western Trees. Peattie, Donald Culross. Houghton Mifflin Boston, '53 Stories and illustrations, a bit of ecology; the N. H. of Eastern Trees volume is equally good but he died before completing N. H. of Southern Trees

The Redesigned Forest. Maser, Chris R & E Miles. San Pedro,'88. Forestry, old and new, in the Northwest.

Restoration Forestry: An International Guide to Sustainable Forestry Practices. Michael Pilarski,ed.

Saving Our Ancient Forests. Zuckerman, Seth Living Planet Press L.A. '91. Written to a high school level, fresh style.

Seeing the Forest Among the Trees. Hammond, Herb, Polestar, Vancouver, '91. Herb is the holistic forestry consultant in BC and this is his book for the public at large. Good "invisible structure" social info.

Tree Crops: A Permanent Agriculture. Smith, J. Russell. Harper. A foundation, visionary text for Pc.

Trees on The Treeless Plains. Holmgren, David. '94. Recommended for designers doing broadscale work, this book is about Victoria and so the climate is not inappropriate for PNW conditions. I recommend any of Holmgren's writings.

Wildwood: A Forest Farm for the Future. Ruth Loomis. Pacific Certified Ecological Forest Products Institute for Sustainable forestry PO Box 1580 Redway, Ca. 95560

## Mushrooms

Mycelium Running: How Mushrooms Can Help Change the World. Paul Stamets 2005

Mushrooms Demystified David Arora Most complete field guide and reference book with over 950 photos 1986

The Essential Guide to Cultivating Mushrooms: Simple and Advanced Techniques for Growing Shitaki, Lion's Mane, and Maitake. Stephen Russel 2014

All That the Rain Promises and More: A Hip Pocket Guide to Western Mushrooms. David Arora Color illustrated guide to identifying 200 Western mushrooms by their key features.

## Insects

Biological Control of Insects and Mites. N.C.R.481. University of Wisconsin. Coop./ Ext. Publication. 30 Murray St. Rm. 345 Madison, WI. 53715-2609 \$9.00 An Introduction to beneficial natural enemies

The Bug Book. Olkowski. Easy to understand book on bugslifecycles, beneficials. Excellent, often found used.

The Butterflies of North America. James A. Scott (1986). The definitive b-fly text of the moment.

Handbook for Butterfly Watchers. Robert Michael Pyle, Houghton Mifflin, Boston '84. Butterflies as indicator species

Natural Enemies Handbook: The Illustrated Guide to Biological Pest Control. Mary Louise Flint and Steve Dreistadt. "Best ever" practical guide to insect control. This book will help you find, identify, and use natural enemies to control pests in almost any agricultural setting.

Encyclopedia of Natural Insect and Disease Control. Yepson, Roger, ed. Rodale, 1984. Natural pest

The Orchard Mason Bee. Brian Griffin Knox Cellars 1607 Knox Ave. Bellingham, WA 98225 (306) 733-3283 Good little book on Mason Bees. Also, provider of Adult blue orchard bees (Osmia lignaria) along with nesting material and educational products.

Rodale's Color Handbook of Garden Insects. Anna Carr Rodale Press, Emmaus, Pa 1979. Readily available used. Photographs illustrating insect (beneficial and 'pest') life cycles.

## **Animals**

Barnyard in Your Backyard A Beginner's Guide to Raising Chickens, Ducks, Geese, Rabbits, Goats, Sheep, and Cows: Gail Damerow: One of the all in one, best books on animals. 2002

Twilight of the Mammoths: Ice Age Extinctions and the Rewilding of America, Martin, Paul S. U of California, Berkeley, 2005 An accessible yet scholarly illustrated summary of Paul Martin's work on how the world's megafaunas were decimated or eliminated and a proposal that we humans do what we can to change our situation.

ABC of Poultry Raising: A Complete Guide for the Beginner or Expert. Florea, J, H. Dover, 1977. A standard work on small-scale poultry care.

The American Minor Breeds Notebook. Heise & Christman. The American Minor Breeds Conservancy POB 477, Pittsboro, NC 27312 rare livestock with unique characteristics

Chicken Tractor. Lee, Andy Good Earth, '94 "The Gardener's guide to Happy Hens and Healthy Soil." A second-generation Pc book that goes beyond Mollison; using animals multifunctionally.

Chickens in Your Backyard: A Beginner's Guide. Luttmann, Rick, and Gail Luttmann. Rodale, 1976. A good book on small-scale chicken raising for the homeowner.

The Complete Herbal Handbook for Farm and Stable. de Bairacli Levy, Juliette Faber and Faber Boston, '90. A look at traditional knowledge and the importance of plant diversity to animals.

The Family Cow. van Loon, Dirk. Garden Way

The Forgotten Pollinators. Buchman, Steve, and Nabhan. Island,

'96. Stories about ecology through the window of pollination, a crucial link. I recommend any of Gary Nabhan's books, which mostly center on the Sonoran desert; this one is of world-wide urgent importance.

The Ghosts of Evolution: Nonsensical Fruit, Missing Partners, and Other Ecological Anachronisms. Barlow, Connie. Basic Books, 2000. This book describes ecological partnerships broken by the megafaunal extinctions. Most examples are North American. The author is an advocate of increasing megafaunal diversity.

*Grass Productivity* Voisin, Andre. A primary text for rotational grazing.

The Home Duck Flock. Holderread, Dave The Hen House Corvallis, OR '78 a local expert on waterfowl.

Keepers of the Game. Calvin Luther

The Last Ranch. Bingham, Sam. A year in the San Luis Valley of Colorado, centering on a few ranchers applying Holistic Resource Management methods. Well-written by the author of the HRM Workbook, it begins with a quote from Permaculturist Michael Crowfoot: "Not only are ecologies more complex than we imagine, they are more complex than we can imagine" Very highly recommended.

*Microlivestock*. N A P '91 "Little-known small animals with a promising economic future"

A Natural History of Domesticated Animals. by Juliet Clutton-Brock. All you could want to know about the wild ancestors of all the domesticated animals of the world. With extensive references, this book is very useful if you are designing low-input systems with animals.

Pastured Poultry Profits. Joel Salatin. Production model describes how to produce an income from small acreage raising poultry. He tells how anyone can earn \$25,000 in 6 months on 20 acres.

The Power of Duck: Integrated Rice and Duck Farming. by Takao Furuno 2001, 94 pp. + 4 color plates, \$24 + 10% p&h, Permaculture Activist, PO Box 1209 Black Mountain, NC 28711

Raising Rabbits the Modern Way. Bennett, Bob. Garden Way, 1980. Good introduction to rabbits in the backyard.

*Salad Bar Beef.* Joel Salatin This proven system can yield a superb profit from a small cow herd regardless of the commodity price of calves.

The Tender Carnivore and the Sacred Game. Paul Shepard. Deep thinking and poetic writing about our need for relationships with animals; good for countering anti-meat food dogma.

The Third Chimpanzee. Diamond, Jared. I recommend all of Diamond's books because of his wide range of knowledge, which includes genetics, birds, language and owes much to his long involvement in research in New Guinea, the area with the greatest human cultural diversity.

#### Shelter

A Better Place to Live. Corbet, Michael. Rodale, 1981; "New Designs for Tomorrows Communities," the planning behind Village Homes, lots of ties to Ebenezer Howard's Garden Cities movement from earlier in this century.

Bioshelters, Ocean Arks, and City Farming. Jack and Nancy Todd Build It With Bales. Myhrman & Mac Donald Out on Bale,1997

*The Cob Builders Handbook*. Becky Bee Groundworks PO Box 14194, Portland, Or. 97293

Earth Building & The Cob Revival, and The Cobbler's Companion. lanto Evans, Michael Smith. PO Box 123 Cottage Grove, Or 97424

Handbook: Mechanical and Electrical Equipment for Building. John Reynolds

The Hand-Sculpted House. Ianto Evans, Linda Smiley, Michael Smith. Philosophy and practice of building with cob; highly recommended

*The Natural House Book.* David Pearson Fireside Books Simon and Schuster, 1989

The Owner-Built Home. Ken Kern. Scribner's, 1972.A classic on innovative design and techniques for building your own house. Any of Kern's books (Owner-Built Homestead, Pole-Frame House) is well worth finding.

A *Straw Bale Primer*. S.O. MacDonald How to Build w/ great illustrations

How Buildings Learn Stewart Brand strategy for constructing adaptive buildings: design, materials, budgeting to allow for continuous adjustment and maintenance. 1994

Places Of The Soul: Architecture And Environmental Design As A Healing Art Christopher Day Presents buildings as environment, intrinsic to their surroundings, and offers architectural design principles for the soul 2004

## **Appropriate Technology**

The Composting Toilet System Book. Carol Steinfeld. The most complete book on the subject's state of the art that I've seen.

*The Humanure Handbook.* Joseph Jenkins, Chelsea Green, 1999. Excellent guide to composting humane manure.

Landscape Design That Saves Energy. A. Moffat Morrow '81.

The Integral Urban House: Self-Reliant Living in the City. Helga and Bill Olkowski 1979 Guide to 'integral' home design, focusing on energy conservation.

Solar Water Heating:: A Comprehensive Guide to Solar Water and Space Heating Systems Bob Ramlow 2006 Reviews the history of solar water and space heating systems, presents the basics of solar water heating, introduction to modern solar energy systems, energy conservation and energy economics.

Handmade Hot Water Systems Art Sussman and Richard Frazier A very clear practical treatise on how to heat water with wood and solar.

Microhydro: Clean Power from Water & Serious Microhydro Scott Davis. dozens of firsthand stories of energy independence covering a complete range of systems, from household pressure sites to higher pressure installations capable of powering a farm, business, or small neighborhood. 2010

Eco-Cities to Living Machines: Principles of Ecological Design Nancy Jack Todd John Todd Oceanarks.org Restoration of pure water, bioremediation of wild aquatic environments, food productivity

# **Traditional Ecological Knowledge**

Keeping It Living: Traditions of Plant Use and Cultivation on the Northwest Coast of North America. Deur, Douglas and Nancy J. Turner, ed. University of Washington, 2005.

Native peoples were cultivating plants well before European contact. Papers detailing what was and is done.

Tending the Wild: Native American Knowledge and the Management of California's Natural Resources. Anderson, M. Kat. University of California, 2005. More information that fills in the picture of the American "wilderness" as a managed permaculture system.

Before the Wilderness: Environmental Management by Native Californians. Blackburn, Thomas C. and Kat Anderson. Ballena, 1993.

# **Teaching/Children and Nature**

Composting Across the Curriculum: A Teacher's Guide to Composting. Kathy Ezratty 1993. Marin County Office of Waste Management 10 North San Pedro Rd. Suite 1022, San Rafael, CA 94903 (415)499-6647 Great workbook for people of all ages.

The Evolution Book. Sara Stein. Workman Publishing, NY, 1986. The story of 4,000 million years of life on Earth revealed through observations, experiments, projects, and investigations.

Exploring the Secrets of the Meadow-Thicket. JoAnne Dennee and Julia Hand. A Common Roots Guidebook 1994. Observing plants, birds, insects, and animals and how they interact in the meadow thicket. Songs, activities, and stories.

*Kid's Nature.* Susan Milord. Williams Publishing. Charlette,VT. 365 Indoor and outdoor nature experiences for kids. Springo Tyron Creek State Park 11321 SW Terwilliger Blvd. Portland, Or 97219 (503) 636-4550

*Life Lab, Growing Adventure*. Life Lab Science Program 1156 High St. Santa Cruz, Ca. 95064 (408)459-2001 In and outdoor science activities

The Long Haul. Horton, Miles, Anchor, NY, '90 Autobiography of a union and civil right organizer who founded the Highlander School. As he retired the school was becoming involved in bioregional land control and ecology issues. Good for teachersaren't we all?

*Sharing Nature With Children*. Cornell, Joseph. Ananda, 1979. Teaching tactics, a classic.

Squirmy Wormy Composters. Bobbie Kalman Crabtree Publ.Co. 1992. My favorite pix in this book is the kid w/ a worm on his tongue. Really gets the attention of children! For elementary school age.

The Usborne Complete First Book of Nature. Michael Chinery et.al. Usborne Ltd. Belgium Publishing Ltd. 1990. Beautifully detailed illustrations of plants and animals. A serious nature study for the young and old. I had to special order this but found it one of the best children's nature books available.

333 Science Tricks and Experiments. Robert Brown Tab Books, INC. Blue Ridge Summit, PA 1984. Inexpensive, readily available materials- unique and unusual experiments

# **Community**

Resilience, Community Action & Societal Transformation: People, Place, Practice, Power, Politics & Possibility in Transition Dr. Thomas Henfrey, Gesa Maschkowski and Dr. Gil Penha-Lopes A unique collection bridging research, theory and practical action to create more resilient societies. 2017

The Change Handbook, Peggy Holman, Tom Devane and Steven Cady 2007 How communities can create positive change through systemic approach and improvement in communications

Sustainable (R)evolution: Pc in Urban Farms, Ecovillages and communities Worldwide Loius Fox, J. Birnbaum 2014

Features the work of a worldwide network of visionaries, including journalists, activists, indigenous leaders and permaculturists

CoHousing. McCamant and Durrent. Habitat/Ten Speed, '92. The book that brought the Scandinavian movement to popularity in the US. Lots of interviews and good design stories. *Intentional Communities*. Communities Publication Cooperative 105 Sun Street Steele Illinois, 60919. This book explains what communities are, how to choose a community, social action, personal growth through community, ideas for decision making, community economics, land trusts, and networking.

Creating a Life Together: Practical Tools to Grow an Ecovillage or Intentional Community. New Society, 2003. Diana Leafe Christian. Stories form the front lines; a toolkit for designing a functional community.

<u>Superbia:</u> 31 Ways To Create Sustainable Neighborhoods Daniel Chiras

Building Communities From The Inside Out: A Path Toward Finding And Mobilizing A Communities' Assets. John Kretzmann

The Different Drum Community Making and Peace M. Scott Peck 1998 Techniques for building true communities

What's Good in My Hood

Cultural Emergence: A Toolkit For Transforming Ourselves and the World This is an invitation to create cultures of personal leadership, collective wisdom and Earth care. Looby Macnamara 2022

# Social Justice, Decolonization, Equity and Inclusion

A Diamond is a Diamond: The Core Five Components to Social Justice Dr. Robbins Power and Privilege, Identity and Intersectionality, Systems of Socialization, Cultural Competence, and Allyship and Advocacy 2019

Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone Leticia Nieto Psy.D a powerful analysis of the psychological dynamics of oppression and privilege, and shows readers how to develop the skills that can promote social justice for themselves and those around them. 2010

Blindspot: Hidden Biases of Good People Mahzarin R. Banaji and Anthony G. Greenwald as they explore the hidden biases we all carry from a lifetime of exposure to cultural attitudes about age, gender, race, ethnicity, religion, social class, sexuality, disability status, and nationality. 2013

Decolonizing Wealth: Indigenous Wisdom to Heal Divides and Restore Balance Edgar Villanueva A provocative analysis of the dysfunctional colonial dynamics at play in philanthropy and finance 2016

White Fragility: Why It's So Hard For White People To Talk About Racism Robin Diangelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively. 2018

Against Purity Living Ethically in Compromised Times
Aleis Shotwell undertakes an analysis that draws on theories of race, disability, gender, and animal ethics as a foundation for an innovative approach to the politics and ethics of responding to systemic problems. 2016

War and Peace and War: the rise and fall of imperial nations, Turchin, Peter. The patterns in history as observed by a professor active in a new field in history. Good for prioritizing social action.

Freedom Farmers: Agricultural Resistance and the Black Freedom Movement. Monica M. White. Black Farmers, Agriculture, and Resistance. 2018.

Building, Defending, and Strengthening Agroecology: A Global Struggle for Food Sovereignty. ILEIA and Centre for Agroecology, Water, and Resilience, Coventry University Colin Anderson, Michel Pimbert, and Csilla Kiss. 2015.

As Long as the Grass Grows: The Indigenous Fight for Environmental Justice, from Colonization to Standing Rock. Dina Gilio-Whitaker The author explores the history of treaty violations, struggles for food and water security, and protection of sacred sites, while highlighting the important leadership of Indigenous women in this centuries-long struggle. 2016

# **Designing for Disaster**

Disaster Operations And Decision Making Rodger Huder: Focuses on crisis decision making and the creation of systems and procedures needed to carry out those decisions. 2011

A Paradise Built in Hell: The Extraordinary Communities that Arise in Disaster: Rebecca Solnit An impassioned challenge to the social meaning of disasters 2009

### **Economics**

Raising Dough: The Complete Guide to Financing a Socially Responsible Food Business, Elizabeth U 2013

The Town That Food Saved: How One Community Found Vitality In Local Food Ben Hewitt. A group of ambitious young agricultural entrepreneurs, agripreneurs, created regionalized food-based enterprises and changed the town of Hardwick, Vt.

Food Sovereignty: Reconnecting Food, Nature, And Community

Edited By Hannah Wittman Food Sovereignty systems would provide for the food needs of all people while respecting environmental sustainability, local empowerment and agrarian citizenship.

Beyond Growth: The Economics Of Sustainable Development

Herman Daly Beacon Press, 1996 Turning economics inside out by putting the earth and its diminishing natural resources at the center

Planning Local Economic Development: Theory and Practice Explores the theories of local economic development while addressing the issues and opportunities faced by cities, towns, and local entities to craft their economic destinies within the global economy.

Prosperity without Growth: Economics for a Finite Planet Tim Jackson 2011. A credible vision of how human society can flourish within the ecological limits of a finite planet.

Finding and Buying Your Place In the Country. Dearborn Financial Publishing 1992. Classic land buying guide; includes useful property evaluation lists

*Nine Steps to Financial Freedom*. Suze Orman Random House 1997. Easy to understand and practical. Basic tips for getting your personal finances in order.

Small Is Beautiful: Economics as if People Mattered. F. Schumacker Harper Collins. The author recommends decentralized localized life styles. He outlines a series of proposals intended to save the planet from economic and environmental collapse.

Your Money or Your Life: Transforming Your Relationship with Money and Achieving Financial Independence. Joe Dominguez Penguin, USA 1993. The focus is on finding satisfaction with your life-Recommends how to save money on all aspects of living.

The Small-Mart Revolutiuon: How local businesses are beating global competition: Michael Shuman Going Local Michael Shuman

Permeconomy: In Search of a Sustainable World Economic System

Miles Alexander Phillips: Balance Publishing; Canada 2005. Reviews economic and financial systems, offering new insights of ways to make the transition from our current system to more sustainable ones.

Collective Courage: A History of African American Cooperative Economic Thought and Practice Jessica Gordon Nembhard chronicles African American cooperative business ownership and its place in the movements for Black civil rights and economic equality. 2014

The Sharing Solution: How to Save Money, Simplify Your Life & Build Community: Share ownership of a house, car, garden, tools, Own less and have more, live more sustainably through sharing. Janelle and Emily Orsi & Doskow 2009

Right Relationship Building: A Whole Earth Economy Peter Brown & Geoffrey Garver new vision of an economy that can serve people and all of life's 2009

## **Income Production- Right Livelihood**

Do What You Love and Money Will Follow: Discovering Your Right Livelihood Marsha Sinetar 1989 A guide to finding the "work" that expresses and fulfills your needs, talents, and passions. With dozens of real-life examples.

On Abundance and Right Livelihood Applications for Living
Neale Donald Walsch 1999 An exploration of the real meaning
of money and prosperity--and of the secret to finding
happiness with "right livelihood".

The Element: Finding Your Passion Changes Everything Sir Ken Robinson Penguin/Viking 2009 The point at which natural talent meets personal passion. It is the essential strategy for transforming education, business, and communities in the twenty-first century.

Rebirth of the Small Family Farm. Bob and Bonnie Gregson. IMF Associates, PO Box 2542, Vashon Island, Wa. 98070. A handbook for starting a successful organic farm based on the Community Supported Agriculture concept.

Marketing Without Advertising. Creative strategies for small Business Success Phillips and Raspberry Nolo Press, Berkeley. 1986. Great resource on how to promote your self and biz

You Can Farm: The Entrepreneur's Guide to Starting and Succeeding in a Farming Enterprise. Joel Salatin. 1998 Chelsea Green Publishing. This book targets wannabe farmers- offering specific details on how to succeed in farming.

The Complete Guide to Growing & Selling Microgreens; Luke Miller Callahan Published: Localbusinessplans.com

Spiral Dynamics: Mastering Leadership, Values, and Change Beck, D and Chris Cowan 2014 A model for plotting the enormous economic and commercial shifts focusing on cuttingedge leadership, management systems, processes, procedures, and techniques.

## Urbanism

The Ecology of Urban Habitats. Wheater, C. Philip. Routledge, London, 1999. Though written for a British audience, this book contains a wealth of information about urban ecology: succession, soils, animals, microclimates, and more.

*Green Urbanism:* Timothy Beatly Developing cities to take an ecological look at whole systems

The Urban Homestead: Self-sufficient-Process-Self-reliance Kelly Coyne, Erik Knutzen

Toolbox for Sustainable City Living: A do-it-Ourselves Guide

by Scott Kellogg & Stacy Pettigrew 2008 Guide in how to to step-by- step instructions for producing our own food, collecting water, managing waste, reclaiming land, and generating energy and utilizing cities untapped resources.

The Transition Handbook: From Oil Dependency to Local Resilience

Rob Hopkins 2008 Transition Towns is the way to engineer resilience into our communities before the last energy crisis descends. www.transitionculture.org & www.relocalize.net *Ecocities: Rebuilding cities in balance with Nature.* Richard Register 2006

Paradise Lot: Two Plant Geeks, One-tenth of an Acre and the making of aan Edible Garden Oasis in the City. Eric Toensmeier and Jonathan Bates 2013

*City Food*. Wade, Isabel. Urban Resource Systems, '86. "Crop selection in 3rd World Cities" Has a great biblio.

Retrosuburbia: downshifters guide to a resilient future. David Holmgren. How to retrofit their homes, gardens, communities and, above all, themselves to be more self-organized

A Little Piece of Earth, How to Grow Your Own Food in Small Spaces Founder of City Dirt, Adventures in Urban Gardening. Maria Finn

Planting Green Roofs and Living Walls. Dunnett, Nigel and Noël Kingsbury. Portland, OR: Timber Press, 2004. Landscape arch moves up in the world. Dunnett teaches in the Urban Horticulture program at the U. of Sheffield, UK.

The Vertical Garden: In Nature and the City. Blanc, Patrick. New York: Norton, 2008. A coffee table style book with substance by the top wall garden designer in the world. Includes an excellent section with examples from nature.

Ecologist Online: '10 reasons why organic can save the world'

## Inspirational

The Greening of the Revolution: Cuba's Experiment with Organic Agriculture. Peter Rosset and Medea Benjamin. Ocean Press, 2017 Mission Street S.F. Ca. 94110. 1994. Cuba has lost its sources for conventional farming, empty city lots and other available land is being converted to organic gardens

Radical Agriculture. Ed. Richard Merrill. Harper Colophon Books 1976. 20 Essays that summarize the ecological, physical, and, social characteristics of a radical agriculture.

The Unsettling of America, and The Gift of the Land, and What Are People for?. Wendell Berry. Just a few of the books by this prolific poet, visionary, and humanistic author.

Women, Ecology, and Development. Zed Books 1989. Vandana Shiva. Examines women's relationship to nature; defines links between the ecological crisis, colonialism, and oppression of women.

Winter 2017

Cascadia Permaculture

## Miscellaneous in No Particular Order

The Ages of Gaia. Lovelock, James. Bantam NY/Toronto '90. 2nd book on the Gaia hypothesis by the originator, answers the questions raised by the Gaia Hypothesis.

The Earth Manual. Margolin, Malcom. Heyday Books, Berkeley, '85. good except the out-of-date tree surgery stuff; largely about working with public land.

Five Kingdoms. Margulis, Lynn. Current wisdom on Gaia's lifeforms.

The Future Eaters. Flannery, Tim, "An ecological History of Austronesia" which means Oz, NZ, New Guinea and New Caledonia. Hard, real eco-reality with examples quite exotic to us northerners. This book gives me ideas about why Pc began in Oz.

The Klamath Knot. Wallace, David Rains. Sierra Club '83 S.F. "Explorations of Myth and Evolution" and centered on a region of the PNW.

The Ohlone Way. Margolin, Malcolm. Heyday Books Berkeley, '78. Indian Life in the S.F.- Monterey Bay area

One Acre & Security: How to Live Off the Earth Without Ruining It. Angier, Bradford. Willow Creek, 2000. A useful and broadranging resource for homesteading and small animal care.

*The Songlines*. Chatwin, Bruce. Ruminations from Australia about humans as essentially nomadic.

Spirit of Regeneration: Andean Culture Confronting Western Notions of Development. edited by Frederique Apffel-Marglin, London, Zed, 1998. Study of organizations in the Andes advocating a traditional worldview.

Wintergreen. Pyle, R. M. Houghten-Mifflin, '86. A natural history of the Willapa Hills by a local lepidopterist and writer. Also try his *Handbook for Butterfly Watchers*, for indicator species!

When Technology Fails A Manual for self-reliance and Planetary Survival Matthew Stein Clear Light Press

A Beginner's Guide To Constructing The Universe: Mathematical Archetypes Of Nature, Art, And Science Michael S. Schneider The Hunter-Gatherer Way: Putting Back the Apple, Ffyona Campbell. A world travelers discoveries 2012 Wild Food Publishing

# Cookbooks

Diet for a Small Planet (20th Anniversary Edition) Frances Moore Lappe 1985, 20th edition

Eat-a-bug cookbook: 40 ways to cook crickets, grasshoppers, ants, water bugs, spiders, centipedes, and their kin, David George Gordon 2013

Tells how to properly marinate your cockroaches for that perfect flavor and more.

The Post-Petroleum Survival Guide And Cookbook, Albert Bates 2006

# **Downloadable PDF's**

http://www.soilandhealth.org/

The Final Empire: The Collapse of Civilization: Seeds of the

Future. William Kotke

http://www.rainbowbody.net/Finalempire/

Tree Crops: A Permanent Agriculture by J. Russell Smith <a href="http://journeytoforever.org/farm\_library/smith/treecropsToC.">http://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">https://journeytoforever.org/farm\_library/smith/treecropsToC.</a> <a href="https://journeytoforever.org/farm\_library/smith/treecropsToC.">ht

These are misc tidbits of info that you may find helpful. If you would like your site added to this list let me know: See more complete list:

http://cascadiapermaculture.com/wp/wp-content/uploads/2013/04/List-of-Other-Permaculture-Websites-and-Organizations.pdf

## Web Resources:

Cascadia Permaculture: www:cascadiapermaculture.com

Aprovecho Institute. www.aprovecho.net

Permaculture Rising: www.permaculturerising.com

Permaculture International:

www.permacultureinternational.org

Permacultura America Latina <a href="http://www.permacultura.org">http://www.permacultura.org</a>

Permaculture Association; UK:

https://www.permaculture.org.uk

International Institute for Ecological Agriculture (IIEA):

www.permaculture.com

Rocky Mountain Permaculture Institute: <a href="www.crmpi.org">www.crmpi.org</a>
Green Phoenix: <a href="www.green-phoenix.org">www.green-phoenix.org</a> [NYC-based]
Permaculture Research Institute: <a href="www.pricoldclimate.org">www.pricoldclimate.org</a>

Permaculture Institute: www.permaculture.org

OurGoods is a resource sharing network for the creative community. Members trade skills, spaces and objects to get their work done without money. http://ourgoods.org/

The Dirt Rich School: thedirtrichschool.org

## **Technical Resources:**

National Center for Appropriate Technology:

www.attra.ncat.org

Rainwater Harvesting for Drylands and Beyond:

http://harvestingrainwater.com/
Plant Savers: www.plantsavers.org

Edible Forest Garden Process www.edibleforestgardens.com

Soil Food Web International: <a href="www.sfi.com">www.sfi.com</a>
Stamets, P.: <a href="www.fungiperfecti.com">www.fungiperfecti.com</a>
Composting: <a href="www.mastercomposter.com">www.mastercomposter.com</a>
Vermicomposting: <a href="www.wormwoman.com">www.wormwoman.com</a>

Business: www.businessballs.com

Free career help, business training, organizational development - inspirational, innovative ideas, materials, exercises, tools, templates - ethical, free and fun.

## **Periodicals**

The Permaculture Activist (US): <a href="www.permacultureactivist.net">www.permacultureactivist.net</a>
Permaculture Magazine (UK): <a href="www.permaculture.co.uk">www.permaculture.co.uk</a>
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